

## THE TRIPLE WAY

By St. Bonaventure

Have you ever wondered how to know God? St. Bonaventure takes the experience of St. Francis and develops the Triple Way to teach us how to progress in holiness and come to experience God at ever deeper levels.

The first way is the **Purgative Way**. We acknowledge our sinfulness and encounter mercy and find peace. We realize that we are alienated and lost because of sin and we are in need of a savior to show us the Way.

In the **Illuminative Way** we look to our example, Christ. We mediate on the word, His life and teaching, and contemplate his life that we may be enlightened and attain wisdom. We come to know Jesus through our rational understanding.

In the **Unitive Way** we give our self over to the mystery of the Triune God of love. Now that we are at peace with God through penance and have sought the wisdom of God in Christ Jesus we are ready to open ourselves to encounter our God in love. We come to experience a deep connection to who we are and come to an affective understanding of God as our hearts are transformed by His love.

Join us on Wednesdays during Lent for Mass at 6:00pm followed by a Soup Meal and then a presentation on *The Triple Way to God*. The presentation will begin at 7:15pm: *February 17th; Purgative Way, February 24th; Illuminative Way, March 9th; Unitive Way*



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### Gospel for Fifth Sunday in Ordinary Time (February 7th)

Luke 5:1-11

While the crowd was pressing in on Jesus and listening to the word of God, he was standing by the Lake of Gennesaret. He saw two boats there alongside the lake; the fishermen had disembarked and were washing their nets. Getting into one of the boats, the one belonging to Simon, he asked him to put out a short distance from the shore. Then he sat down and taught the crowds from the boat. After he had finished speaking, he said to Simon, "Put out into deep water and lower your nets for a catch." Simon said in reply, "Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." When they had done this, they caught a great number of fish and their nets were tearing. They signaled to their partners in the other boat to come to help them. They came and filled both boats so that the boats were in danger of sinking. When Simon Peter saw this, he fell at the knees of Jesus and said, "Depart from me, Lord, for I am a sinful man." For astonishment at the catch of fish they had made seized him and all those with him, and likewise James and John, the sons of Zebedee, who were partners of Simon. Jesus said to Simon, "Do not be afraid; from now on you will be catching men." When they brought their boats to the shore, they left everything and followed him.



**JUBILEE YEAR OF MERCY  
FAUSTINA: MESSENGER OF DIVINE MERCY  
JANUARY 31, 2016**

Our Lady of Grace Church and School invite you to the live theatrical one-woman drama performed by actress Maria Vargo and directed by Leonardo Delfilippis of Saint Luke Productions, to be presented at Castro Valley Center for the Arts **TODAY, January 31st** at 7:00pm. Tickets: \$15.00 Adult, \$12.00 Senior; \$40.00 Family of Four. \$12.00 Youth 17 and under. Suitable for ages 12 and up.

**SOUTH HAYWARD PARISH  
WINTER SHELTER UPDATE**

As you know OLG representatives have been actively involved in South Hayward Parish's Programs to assist the homeless. We are putting out a call for submission of bids to interested licensed plumbers and electricians to install a washer and dryer hook-up for the center and requesting reduced cost bids if possible. Installation of a washer and dryer would lower the many costs of laundry of bedding and towels at the center. The winter shelter is operational now housing and feeding 25 homeless Individuals nightly during these cold winter months. Please contact Sue Merrill or Betty De Forest at South Hayward Parish (785-3663) should you wish to submit a bid.

**ITALIAN CATHOLIC FEDERATION**

Get a head start on St. Valentine's Day, which is just around the corner, and join the ICF for our Polenta, chicken and sausage dinner on **Thursday, February 11th**. Doors open at 6:00pm, dinner is served at 6:30.

For reservations please call either Stella Taddei at 510-581-5863 or Juanita Madrid at 510-582-7242 by Monday **February 8th**.

Happy St. Valentine's Day to All



**OUR LADY OF GRACE SCHOOL  
OPEN HOUSE**

Our Lady of Grace School will host its annual Open House for grades TK-8 following the 9:00am Mass **TODAY, January 31st**. Visitors are invited to join us for a continental breakfast in Stack Center, tour the school, meet teachers, the principal and other parents. Kindergarten presentation will begin at 11:00am in the Kindergarten classroom.

Applications for grades TK-8 will be available for the 2016-2017 school year. Come and meet the principal, Mrs. Anderson, and our faculty. Also view the various displays in the school classrooms, science lab, technology lab and more. For further information, please call Our Lady of Grace School office, 581-3155 between the hours of 8:30am--3:00pm.

Please note Our Lady of Grace School offers Transitional Kindergarten for children who do not meet the new age requirement of being 5 years old by September 1st to enter Kindergarten. Our Transitional Kindergarten includes rigorous academics and age-appropriate play in a Catholic environment to prepare for Kindergarten.



**The Faith Formation Center will be closed Today.** Please enjoy the school open house!

There will be no classes today or Tuesday, **February 2nd**. Additionally there are **NO Religious Education classes on Sunday, February 14th**, President's weekend.



**Remember you are dust  
and unto dust  
you shall return**

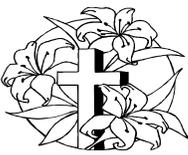
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**ASH WEDNESDAY SERVICES  
FEBRUARY 10th**

All Ash Wednesday services will be in the Church. The schedule is as follows: 7:00am Mass, 8:30am All School Mass, 12:00Noon Communion and Distribution of Ashes, 6:00pm Mass, followed by Soup Meal.

**TRIPLE WAY TO GOD  
LENTEN SERIES**

Join us for the *Triple Way to God, Part 1, The Purgative Way* on Wednesday, **February 17th** following the 6:00pm Mass and Soup Meal. The presentation will begin at 7:15pm. The way to God begins by acknowledging our need for salvation and God's invitation to a relationship of Love. We must look deep into our motives, actions and lack of love that has brought alienation between God and yourself. How do we find our way Home?



**RCIA  
YOU'RE INVITED TO INVITE**

We all know non-Catholics that would make great Catholics if they ever made that journey. Many of us have a family member or neighbors who are Catholic and have stopped practicing the faith, and we wish for their sake that they would return yet we don't know where to begin. RCIA or the Rite of Christian Initiation of Adults will begin a class of Inquiry on **Tuesday, February 2nd at 7:00pm** in Stack Center with the Topic: *Journey of Faith*. A personal invitation goes a long way toward making a newcomer feel welcome. We hope that you will invite a non-Catholic who doesn't practice the faith, and develop their knowledge as a starting point to reconnect. The RCIA process is staggered so that people can join at different times of the year because people come to us at different times of the year. Know that you can invite anyone at any time throughout the year. We welcome you to come with the one you invite.

**COMMUNION FOR THE HOMEBOUND**

Do you have a family member or friend --maybe someone elderly or ailing --who cannot attend Mass but might like to receive communion? Our Lady of Grace has a ministry of volunteers who bring the Eucharist on either a regular or occasional basis to homebound parishioners. This is a time for prayer, maybe some conversation and a continuing connection to our parish. Please contact the Parish Office, 537-0806. for information. If you are interested in volunteering to this ministry contact the office.

**SUNDAY COLLECTION**

Stewardship of treasure involves trust in God. You have to really believe in God's Providence and trust that if you give ten percent of your income to the Church and charity for example, God will help you live on the rest.

**Offerings of January 24th:**

Sunday Plate:	\$ 7,936.00
Last Year this week	\$ 6,820.00
<b>Weekly Budgeted Goal:</b>	<b>\$ 8,920.00</b>
Year-to-date this year:	\$ 33,170.00
Year-to-date last year:	\$ 30,154.00
January Budgeted Expenses	\$ 69,310.00

*May God bless your continuing generosity.*



**Your Prayers Are Requested**

Please lift up in your prayer those many among us who are ill and those who have asked for our prayerful remembrance:

- |                   |                |
|-------------------|----------------|
| Larry Bronzini    | Byron Griffith |
| Dennis Cande      | Elaine Jordan  |
| Kathleen Denning  | Richard Martin |
| Julie Dillon      | Doree Rivera   |
| Estela Enriquez   | Mike Roth      |
| Juanita Estrellas | Florence Sharp |
| Mary Franks       | Iwan Tunggal   |
| Theresa Fuller    | James Van Wert |

*As we pray for an end to war and violence in our world, let us remember in prayer those family members of our parish community serving on active duty, including:*

- DAVID SANCHEZ      MICHAEL SANCHEZ**

*Please remember in your prayers the recently deceased in our parish families and all who mourn the loss of a loved one.*

**MARY JOAN GAWLOWSKI**

**ST. VINCENT DE PAUL  
NEW MEETING DAY**

The Society of St. Vincent de Paul meets the 1st and 3rd Thursday of every month at 7:00pm in the Parish Office. The Society will be gathering next on **February 4th** and invite all those interested in joining the effort to help the poor and homeless in our community to join them.

In order to be more available to those in need, we now have a dedicated phone line where a message can be left 24/7. Please feel free to pick up a few of our business cards in the Parish Office for your neighbors in need. Our new number is 510-581-2164.

**RETROUVAILLE**

Marriage Help - Retrouvaille (pronounced reto-vi) has helped tens of thousands of couples at all stages of disillusionment for misery in their marriage. This program can help you too. For confidential information or to register for the upcoming program beginning with a weekend on **February 26th, 27th & 28th** call (510) 276-4118, email [Oakland@RetroCA.com](mailto:Oakland@RetroCA.com) or visit the web site at [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)

**LITURGY OF THE WORD FOR CHILDREN  
YOUR HELP IS NEEDED**

Our Sunday morning Liturgy of the Word program takes place during the 9:00 Mass. Each week, children age 3-11 are dismissed to the Augustine Center to hear the gospel and discuss the message in an age appropriate setting.

Please consider being part of this great ministry. If your child is currently enjoying this special celebration of Liturgy of the Word, celebrate with them! We are looking for someone to share the Word with our 7-11 year olds on the 3rd Sunday of the month. Shadow a current presider and let them know you would like to help. We need you! Partner with a friend and share the joy!

Material and mentoring available. Please let us know how we can help you help us! Contact the Faith Formation Center at 510-582-9266 or [ffc@olgcgv.org](mailto:ffc@olgcgv.org)

**THIS WEEK**

*Sunday, January 31st:*

*Coffee & Donuts After All Masses*

*Our Lady of Grace Open House*

After 9:00am Mass--School

*Faustina: Messenger of Divine Mercy*

7:00pm-- CV Center for the Arts

*Tuesday, February 2nd:*

Bible Study

9:30am--Parish Office

Men of Faith

7:00pm--Stack Center

RCIA - Journey of Faith

7:00pm-- Stack Center

*Thursday, February 4th:*

St. Vincent de Paul Meeting

7:00pm--Parish Office

Serenity Group

7:30pm--Stack Center

*Friday, February 5th:*

Hispanic Music Rehearsal

7:00pm--Augustine Center

*Saturday, February 6th:*

Adoration of the Blessed Sacrament

3:00pm--Church

*Sunday, February 7th*

*Coffee & Donuts After All Masses*

ICF Bake Sale

7:00am--Stack Center

**ADORATION OF THE  
BLESSED SACRAMENT  
SATURDAY, FEBRUARY 6th**

Our next Holy Hour with the Blessed Sacrament:

**Saturday, February 6th**

3:30pm--4:30pm

Followed by Benediction

In the Church



*Mass Intentions for the Week*

Please note: All weekday masses will be celebrated in the Church until further notice.

**MONDAY, FEBRUARY 1st (CHURCH)**

8:30am Liz Griffith (D)

**TUESDAY, FEBRUARY 2nd (CHURCH)**

**THE PRESENTATION OF THE LORD**

7:00am Charley Spink, Sr. (D)

**WEDNESDAY, FEBRUARY 3rd (CHURCH)**

*St. Blaise, Bishop, Martyr*

*St. Ansgar, Bishop*

7:00am Helen Maes (D)

**THURSDAY, FEBRUARY 4th (CHURCH)**

7:00am Adelaide Martin (D)

**FRIDAY, FEBRUARY 5th (CHURCH)**

*St. Agatha, Virgin, Martyr*

7:00am Louis Rodrigues (D)

**SATURDAY, FEBRUARY 6th (CHURCH)**

*St. Paul Miki and Companions, Martyrs*

8:30am Annette Friedeberg (L)

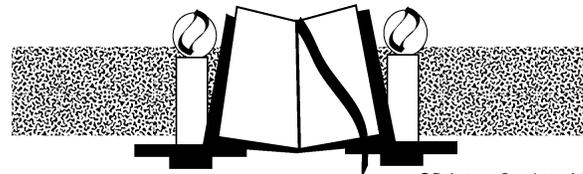
**SUNDAY, FEBRUARY 7th (CHURCH)**

7:30am Colleen Sullivan (D)

**READINGS FOR THE WEEK:**

**February 1st through February 7th**

- Monday: 2 Samuel 15:13-14, 30; 16:5-13  
Mark 5:1-20
- Tuesday: Malachi 3:1-4; Hebrews 2:14-18  
Luke 2:22-40
- Wednesday: 2 Samuel 24:2, 9-17; Mark 6:1-6
- Thursday: 1 Kings 2:1-4, 10-12; Mark 6:7-13
- Friday: Sirach 47:2-11; Mark 6:14-29
- Saturday: 1 Kings 3:4-13; Mark 6:30-34
- Sunday: Isaiah 6:1-2a, 3-8;  
1 Corinthians 15:1-11  
Luke 5:1-11



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**ANNUAL WORLD DAY OF THE SICK MASS  
CATHEDRAL OF CHRIST THE LIGHT**

The annual World Day of the Sick Mass will be held on Saturday, **February 6th**, at 11:00am at the Cathedral of Christ the Light. Bishop Michael C. Barber invites all who are sick or ill, as well as family members, caregivers, and healthcare providers to observe this day with the religious and lay people from all over the Diocese of Oakland.

Parking for the World Day of the Sick Event will be located in the Kaiser Center Parking Complex, which is directly across from the Cathedral parking garage, located on 21st street and Kaiser Plaza. Persons needing wheelchair or no stairs access may use the drop off areas located on Harrison, 21st or Kaiser Plaza streets.



**ROSARY FOR WORLD PEACE**

The rosary will be recited for World Peace after the 8:30 am Mass each Monday in the Church. Please join us.



**EXECUTION ALERTS**

The following executions are scheduled to take place in **February** :

- February 2nd Brandon Jones GA
- February 11th Michael Ray Lambrix FL
- February 16th Gustavo Garcia TX

We ask your prayers for these persons, for the victims of their crimes, and for their families.

**THANK THEM WITH YOUR SUPPORT**

Please support our advertisers who make our weekly bulletin possible and so generously support our parish. We are grateful to them !

This week we extend our gratitude to:

**JENNIFER YOUNG, D.D.S**